



**THE R.P.C.**  
**FAITH CORNER**

**March 2015**

# LENT: Reflection & Preparation

St. Augustine said, "Lent is the epitome of our whole life." He said, "Christians must always live without any wish to come down from their cross, otherwise they will shrink beneath the world's mire." If this is what we are to do all our lives, we must make an even greater effort during the days of Lent.

It is obvious that we will not escape death, therefore remember that you are human, a sinner, and that it is God who frees us from blame. Our Confessions should reveal the stains of our hearts and our deep repentance. God calls us to correct ourselves and invites us to do penance. He calls us with the mercy of His consolation. As Christians

our task is to make daily progress toward God. Our journey on earth is a school in which we live and learn Gods' commandments and sacraments. The Lenten season, like Advent, provides a time for reflection and preparation. We ponder whether we are living a holy, Christ like life and if we are in the right disposition of heart for the coming Resurrection of our Lord.

We must have a change of mind and heart that brings us a fresh attitude toward God, oneself, and life in general. Repentance implies that a person turns away from evil and turns his heart and will to God, submitting to God's commandments and desires.

*We must  
REPENT.*

The Son of God was able to erase the sin of humanity and every Lenten season we are able to be still and purify ourselves of our wordily sins through reflection and repentance. This season is a time for us to journey with Christ in his passion, to relive the first Eucharistic banquet, to return to the path of Golgotha. And to remember the gifts of the baptismal waters of renewal and Eternal Life.

*Excerpt from St. Augustine  
"Day by Day"*